

Are you an adult with ADHD?



Register today for our 6-week support group!

- Wednesdays, 12–1 PM
- Oct. 28th – Dec. 4th
- Via Zoom

INTERESTED IN JOINING?

Fill out our registration form and a group facilitator will reach out!

REGISTRATION FORM:
[ADHD Support Group](#)

WHO YOU ARE:

- Age 25–39
- Diagnosed with ADHD as an adult, self-diagnosed, or questioning

QUESTIONS?

Email: jolene@rainbowbrain.ca

